

How to

# Tie Dye

**10** Tie Dye  
Instructions  
& Techniques



fave crafts



# How to Tie Dye: 10 Tie Dye Instructions & Techniques

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## Letter from the Editors

Hello Readers!

Tie dye – it's not just meant for hippies! In fact, there are so many ways to incorporate cool tie dye designs into your favorite craft projects. Create decorated baby onesies, scarves and of course t-shirts using basic tie dye techniques – it's easier than you think.

*How to Tie Dye: 10 Tie Dye Instructions & Techniques* is filled with different types of tie dye patterns and techniques. This way, you'll never get bored or run out of ideas. You'll also find a variety of craft projects, so you can make things for yourself and give some handmade items away as gifts. Everyone loves tie dye crafts, so be sure to spread the love.

Tie dye is a fun family-friendly activity, so don't hesitate to include the kids in your crafty adventures. With a little help (and some junky clothes), kids can follow along with these simple tie dye instructions and create something that really stands out.

You can find more free craft projects, product reviews, and product giveaways at [www.FaveCrafts.com](http://www.FaveCrafts.com).

Get crafting and creating with these projects to inspire you and your family and friends. Feel free to share this eBook, and be sure to [sign up for our free eNewsletter](#) to get handmade inspiration right in your inbox.

Enjoy creating!

Sincerely,

The Editors of FaveCrafts

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# *How to Tie Dye: 10 Tie Dye Instructions & Techniques*

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# Stripe Pattern: Impatient Plaid Tie Dye Tee

[By Kristen Thompson for I Love to Create](#)





## Materials

- Tulip® One-Step Tie-Dye Kit™ - Moody Blues
- Plastic table cover
- Styrofoam plates – one per dye color
- (2) Paintbrushes: wide and fine
- White 100% cotton T-shirt

## Instructions

1. Prewash T-shirt without fabric softener. Do not dry.
2. Protect work surface with plastic table cover.
3. Place damp T-shirt on protected work surface.
4. Wearing gloves from dye kit, mix dye as instructed on package.
5. Start with your widest brush. Dip it into Blue dye and work vertically from the bottom center of your shirt to the top. Using thinner brush add Teal vertical lines to the right of every other Blue line.
6. Add Teal and Green horizontal lines randomly spaced apart.
7. Wrap T-shirt in plastic table cover and let set for 6-8 hours.
8. Rinse shirt in running water until water runs clear. Wash and dry shirt separately.

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# Swirl Pattern: Tie Dye Dog Bandana

[By The Designers of I Love to Create](#)



## Materials

- Tulip Rainbow Rock® Tie-Dye Kits-Mega Project
- Plastic tub or bowl, plastic trash bags or plastic sheeting, paper towels
- Bandana (natural fibers such as 100% cotton)
- Rubber bands
- Plastic wrap
- Jars
- Bucket
- Scissors
- Apron

## Instructions

1. Cover work surface with plastic trash bags or sheeting. Place a layer of folded paper towels on top of the plastic.
2. Prewash fabric. Do not use fabric softener or a dryer sheet.
3. Fill a bucket with about 4 quarts of water. Wearing gloves, stir in the soda ash until dissolved. Soak fabric for 20 minutes and squeeze out excess moisture. Do not rinse. The fixer solution can be reused.
4. To prepare dyes, mix with varying amounts of water depending on the intensity of the color you desire. Replace tops tightly after filling with water. Shake well before each use.
5. Lay fabric flat on work surface.
6. Decide the area on the fabric where you want the swirl design to be. To put the swirl in the center of a shirt, for example, imagine a line even with the bottom of the armholes. Pinch up the fabric so there's enough to hold onto.
7. Use about 1 bottle each of Fuchsia, Turquoise and Yellow dyes. Squirt Yellow dye on 3 connecting wedges. Squirt Fuchsia dye on one of the yellow wedges and the two connecting unpainted wedges. Skip a solid fuchsia wedge and squirt Turquoise dye on the next fuchsia wedge and the two connecting wedges—one unpainted and one yellow. Every other wedge should be a solid color—yellow, fuchsia and turquoise. The other wedges are combinations of colors.
8. Cover project or dyed area with plastic wrap to keep damp. Let the dye set on the fabric for 4-8 hours or longer for the most intense color.
9. Rinse fabric with warm tap water to remove excess dye. Remove rubber bands as you continue to rinse until water runs nearly clear.



10. Machine wash dyed fabric in the hottest water suitable for the fabric. Wash by itself the first few times to make sure the dye is completely rinsed out. Do not allow dyed fabrics to sit wet on other items or each other, as the colors may transfer. Machine or line dry.

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The image is a promotional banner for FaveCrafts. At the top left, the 'fave crafts' logo is displayed in a teal box, accompanied by icons for scissors, a heart, and a paint can. The central focus is a book titled '25 Cool Things to Do with Wine Bottles', which features a starburst graphic that says 'Free eBook'. To the right of the book are four circular icons representing different craft categories: 'Earth-Friendly' (with a recycling symbol), 'Bottles' (with a decorated bottle), 'Corks' (with a cork), and 'Accessories' (with a corkcreeper). At the bottom, a dark purple banner contains the text 'FREE Craft eNewsletter' and a 'View' button in the bottom right corner.

# Bullseye Pattern: Dad and Son Tie-Dye Camo Set

[By The Designers of I Love to Create](#)



## Materials

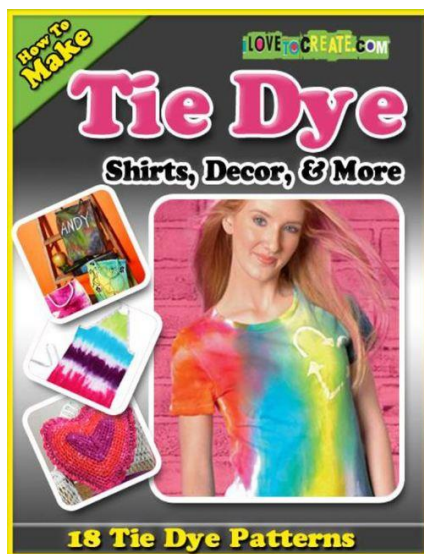
- Aleene's® Fabric Fusion™ Permanent Dry Cleanable Fabric Adhesive™
- Tulip® Sticky Fabric Stencils™ - 23277 Numbers, 23565 ABC's
- Tulip® One-Step Tie-Dye Kits - Camo Colors
- Tulip® Soft Fabric Paint™ - BI15801 Ebony
- Plastic garbage bag
- Foil
- Canvas apron, adult
- Scissors
- Low tack masking tape
- Cosmetic sponge
- Steam iron
- Bandana, black
- White tee shirt, youth

## Instructions

1. Wet apron and shirt. Wring dry. Or, wash in washer with no soap and run through spin cycle. Do not dry.
2. Cover work surface with garbage bag. Wearing gloves from kit, fill dye bottles with water to line indicated. Shake each bottle to thoroughly mix dye.
3. Place apron and shirt onto work surface. Smooth apron with hands.
4. To create bull's eye design on shirt, pull up center of shirt. Wrap a rubber band tightly around fabric, 3" from end. Wrap another rubber band 3" below first. Lay onto work surface.
5. Squeeze brown dye onto part of shirt above first rubber band, turning and unfolding areas so dye penetrates inside. Squeeze olive onto section between rubber bands. Squeeze black onto remainder of shirt.
6. Leaving thin strips of undyed areas between colors, squeeze olive lengthwise onto first third of apron, brown onto second third and black onto remainder.
7. Cover pieces with garbage bag. Let set for 4 to 6 hours. Wash in full load of water with a small amount of laundry soap and no fabric softener. Dry in dryer without softener sheet.
8. Iron apron smooth, using steam.
9. Cut desired letters and numbers from Sticky Fabric Stencils, leaving as much border as possible. Remove backing. Position letters and numbers onto bib of apron, running fingernail around edges to ensure a tight seal and trimming as needed to space evenly. Create an extended border around stencil and fill in any gaps between letters, using masking tape.
10. Squeeze a small puddle of Matte Ebony onto foil. Tap flat end of cosmetic sponge into paint. Pounce excess paint onto foil. Pounce paint into stencil, applying a thin, even coat. Remove

stencil. Let dry.

11. Tie a knot at one corner of bandana. Apply a thick bead of Fabric Fusion to back of knot. Press into place on side of apron. Secure with masking tape until dry. Remove tape.



If you're looking for even more tie dye instructions and patterns, download a copy of [How To Make Tie Dye Shirts, Decor, and More: 18 Tie Dye Patterns](#). This free printable collection is filled with fun craft ideas that will please the whole family. Discover new ways to transform boring white shirts, curtains and more – all you need is this free eBook.

# Rainbow Pattern: Crochet Rainbow Top

[By The Designers of I Love to Create](#)



## Materials

- Tulip® One-Step Tie-Dye Kits™ - Ultimate Colors
- Tulip® Surface Cover™
- Shirt -100% cotton – with texture, crochet or interesting design at the top
- Cotton swabs

## Instructions

1. Prewash fabric to remove sizing. Do not use fabric softener. Do not dry.
2. Cover work surface with Tulip® Surface Cover™. Lay damp shirt on plastic.
3. Wearing rubber gloves, add water to all dye bottles to lines indicated. Replace caps tightly and shake until dye is dissolved.
4. Dip the tip of a cotton swab into one of the dyes. Touch to center of textured area at top of shirt. Let the dye bleed as far it will go, then add additional dots of dye to cover desired area. Repeat with different colors as desired to dye all of the textured area.
5. Squeeze large dots of Turquoise across the body of shirt.
6. Pour out Turquoise until 2/3 remains, then fill remaining area in bottle with water and shake to dilute. Squeeze more dots onto shirt.
7. Pour out ½ of dye bottle and fill remaining area with more water and shake. Squeeze diluted turquoise onto the remaining white areas of shirt.
8. Cover shirt with plastic and let sit 4 to 6 hours. Wash separately in a large load of water with a small amount of laundry soap. Dry according to shirt instructions.



# Shibori Pattern: Light & Bright Tie Dye Shirt

[By The Designers of I Love to Create](#)



## Materials

- Tulip® Dye Techniques Kit™
- 100% cotton sweater - white
- PVC pipe - 6" round and 1-foot long
- Spray bottle

## Instructions

1. Prewash fabric to remove sizing. Do not use fabric softener.
2. Cover work surface with trash bags. Lay damp fabric on prepared surface.
3. Wearing rubber gloves, add water to the Lime dye bottle, following instructions. Replace cap tightly. Shake until dye is dissolved. Lay the bottom portion of the sweater on pipe and scrunch fabric together, leaving upper portion laying out flat.
4. Squeeze the Lime dye over the scrunched bottom portion of the sweater.
5. Add water to the Turquoise dye bottle. Replace cap tightly. Shake until dye is dissolved. Pour dye into a spray bottle.
6. Move the PVC pipe to underneath the top portion of the sweater and scrunch fabric. Spray top portion of sweater with Turquoise dye.
7. Cover fabric with trash bag or plastic tablecloth. Let sit 4-6 hours. Wash in a large load of water with a small amount of laundry soap. Line dry.

# Crumple Pattern: Pink Baby Onesie

[By The Designers of I Love to Create](#)



## Materials

- Tulip® One-Step Fashion Dye™ - Fuchsia
- Tulip® Baby Couture™ Iron-On Transfer™ - 25303 Pearls
- Pressing cloth, thin
- Onesie, cotton white
- Iron
- Plastic or garbage

## Instructions

1. Prewash onesie. Do not use fabric softener in washer or dryer.
2. Cover work surface with plastic. Lay onesie on top.
3. Wearing gloves provided, fill dye bottle with water. Replace cap tightly. Shake until dye is completely dissolved.
4. Scrunch center area of onesie so there are highs and lows but leave sleeves, neck area and bottom few inches and leg area flat.
5. Squeeze dye solid on flat areas and on tops of peaks of scrunched areas. This will allow some of the area to remain white or very light in color.
6. Cover with plastic and let sit for 4 to 6 hours.
7. Machine wash separately in cold water on a large load setting, using a small amount of laundry soap. Dry in dryer with no softener or line dry.
8. Set dry iron to wool setting. Position transfer in center at neckline. Cover with a thin pressing cloth. Press, using a firm, even circular motion for one minute.
9. Immediately, peel Mylar away starting at one corner, making sure design has completely transferred. Re-iron if necessary.
10. To wash, turn inside out on gentle cycle. Line dry.

# Ombre Pattern: Shades of Purple Dress

[By The Designers of I Love to Create](#)



## Materials

- Tulip® One-Step Fashion Dye™ - Purple
- Dress, white silk
- Laundry soap
- Spray bottle
- Plastic tablecloth

## Instructions

1. Prewash fabric to remove sizing. Do not use fabric softener or dryer sheets. Do not dry dress.
2. Cover work surface with plastic tablecloth. Lay damp dress on prepared surface.
3. Wearing rubber gloves, add water to dye bottle. Replace cap tightly. Shake until dye is dissolved.
4. Pour dye from bottle into spray bottle. Add water to fill bottle. Shake well.
5. Spray the bottom half of dress first, applying dye about  $\frac{1}{4}$  of the way up. Spray back of dress.
6. Fill spray bottle with more water. Shake well.
7. Spray next to dark purple color and up to about midway on dress, front and back. Refer to photo.
8. Fill spray bottle with water and spray remaining white areas of dress, front and back.
9. Cover dress with plastic tablecloth. Let sit 4-6 hours. Wash in a large load of water with a small amount of laundry soap. Line dry.



**Salt Resist Pattern:**  
**Aqua Chic Tunic and Scarf**

[By The Designers of I Love to Create](#)

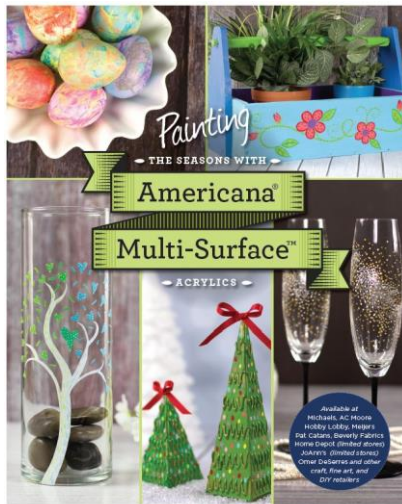


## Materials

- Tulip® One-Step Tie-Dye Kit® Green
- Tulip® One-Step Tie-Dye Kit® Turquoise
- Plastic tablecloth
- Paper towels
- Tunic - white - 100% cotton
- Scarf - white - 100% cotton
- Spray bottle (optional)

## Instructions

1. Prewash tunic and scarf to remove sizing; do not use fabric softener. Cover work surface with plastic tablecloth and lay damp tunic and scarf on prepared surface.
2. Wearing gloves from kit, add water to dye bottles to fill lines. Replace caps tightly and shake dye bottles until dye is thoroughly mixed.
3. Place rock salt from kit randomly all over scarf and tunic.
4. Following kit instructions apply dyes to items referring to photo for color placement.
5. Cover tunic and scarf with plastic tablecloth and let set 4 to 6 hours. Wash separately in a large load of water with a small amount of laundry soap. Dry separately.



Once you learn how to tie dye, you might want to start painting everything in sight! Luckily, there are so many projects in the free eBook, [Painting the Seasons with Americana® Multi-Surface™](#) for you to enjoy. Make crafts for every season and learn why painting can be so much fun. Whether you're crafting for Christmas or looking for fun summer activities, you'll never run out of creative craft ideas.

## Heart Pattern:

# I Heart Tie Dye Tee

[By Pattie Wilkinson for I Love to Create](#)



## Materials

- Tulip® One-Step Dye™ (Fuchsia, Yellow)
- Tulip® Fashion Form™
- Tulip® Surface Cover™
- Tulip Soft® Fabric Paint (Azalea, Berry Red)
- Foil
- T-shirt – white – 100% cotton
- Pencil
- Paintbrush

## Instructions

1. Prewash T-shirt; do not use fabric softener. Do not dry.
2. Protect work surface with Surface Cover then lay damp shirt on work surface.
3. Fold shirt in half vertically, with fold pointed toward the right.
4. Use a pencil to lightly draw half of a heart in center of shirt, beginning at fold.
5. Pinch the shirt along the pencil line with fingers, gathering all the way around the heart shape. Wrap a rubber band tightly around the heart section then wrap another rubber band 1" below first rubber band.
6. Wearing plastic gloves from box, add water to dye bottles, filling to line indicated on bottles. Replace caps tightly and shake bottles until dye is dissolved.
7. Squeeze Fuchsia dye onto heart section of shirt, getting dye close to rubber band. Squeeze Yellow into the 1" section below heart section, and then squeeze Fuchsia onto remainder of shirt.
8. Cover shirt with Surface Cover to keep damp and let set 4 to 6 hours or longer for most intense colors. Fill washer to large load setting with cold water and a small amount of laundry soap. Cut rubber bands off shirt then wash separately on a large load setting with a small amount of laundry soap. Dry separately in dryer.
9. Insert Fashion Form between layers of shirt.
10. Squeeze puddles of Azalea and Berry Red Soft Fabric Paints onto a piece of foil. Mix colors with paintbrush then brush feathered lines along the edge of the heart as shown.
11. Let dry flat 2 hours. Wait 72 hours to wash.

# Painting Pattern: Anytime Tie Dye Scarf

[By Suzie Shinseki from I Love To Create](#)



## Materials

- Tulip® One-Step Tie-Dye Kit®  
Red
- Tulip® One-Step Tie-Dye Kit®  
Black
- Tulip® One-Step Tie-Dye Kit®  
Green
- Tulip® Slick™ 3D Fashion Paint  
Gold Metallics
- Scissors
- Disposable plastic table cover
- (4) Disposable plastic  
containers
- (1) Yard 100% rayon fabric
- Sewing machine with 100%  
cotton white thread
- 3" Paintbrush

## Instructions

1. Pre-wash fabric in cool water to remove sizing. Dry in dryer.
2. Tear two 15" wide lengths of rayon fabric. Use sewing machine to stitch together to create long strip. From center seam, mark off 77" length and tear ends.
3. Cover work surface with plastic table cover. Dampen fabric and lay out smoothly on protected work surface.
4. Mix dye colors according to package instructions and pour into empty containers. Dilute each container with dye by filling with more water.
5. Dip brush into Green dye and brush in center section of scarf. Alternate the Red and Green sections leaving an opening between the two colors. Saturate the two colors well. Rinse brush between applying colors.
6. Dip brush into the Black and color the areas between the red and green. Brush slightly into the colors to blend and enrich the Red and Green. Saturate the colors well.
7. Cover the scarf with plastic and let set 6-8 hours.
8. Rinse scarf and cold wash. Dry and press smooth.
9. Lay out scarf flat on table. Make loose swirls or design of choice using the Gold Metallic dimensional paint. Let dry.



## Special Thanks To:





# HOW TO TIE DYE: 10 TIE DYE INSTRUCTIONS AND TECHNIQUES

